



## Have Fun Making Choices

Take control of your life by making choices. Choose what you want your life to be. You can choose what you want in your life or you can tolerate what appears in your life.

Here are a number of different categories to write down that may help you make some choices. You might choose feelings, experiences, relationships, money, stuff...

No judgment. No limits.

Don't worry about the "how's" just have fun. Allow yourself to dream. **Write down what you would like to be, do, and have in the following areas.** Think of it as your shopping list for life.

- Business/Career
- Romance
- Friends and Family
- Health
- Finances
- Fun and Recreation
- Personal Growth
- Physical Environment
- Your own categories...

I enjoy keeping a "living document" that I add to and shuffle as time goes on. When I discover something amazing in life I didn't even know existed I add it to me list, be a product, experience, whatever it is.



Business/Career



## Romance



## Friends and Family



## Health



## Finances



## Fun and Recreation



## Personal Growth





## Physical Environment



## My Own Categories